"The REAL Truth About Your Dentures! How to Eliminate the Irritation, Embarrassment, And Frustration Immediately!

Hello!

My name is Dr Sandra Short I am a dentist in Double Bay, NSW who enjoys helping patients with dentures. We see patients from all across NSW who are sick and tired of their current "teeth", and are looking for something better.

Since you found us on the web looking for hope to those suffering with dentures, you've probably realized that you may need some help and good advice with your dentures. And, let me tell you that knowing how to make the right decision about what you need, is just as important as realizing that there



ARE more options out there for you instead of just struggling along with agonizing and frustrating dentures! Because...

NOT KNOWING WHAT OPTIONS ARE AVAILABLE TO HELP YOU WITH YOUR DENTURES CAN MEAN THE DIFFERENCE BETWEEN ENJOYING EATING, TALKING, AND LAUGHING OR EXPERIENCING A TON OF HEADACHES, FRUSTRATIONS, AND UNNECESSARILY DEPRIVING YOURSELF OF SOME OF THE SIMPLEST PLEASURES IN LIFE!

You see, over the last several years new techniques have been developed to help denture sufferers. Not all dentists have a passion for these procedures, however, and some dentists would simply rather continue doing things the way they always have than try to learn something new.

In fact, and you may have already encountered this, many dentists simply *hate* dealing with dentures. Several patients have told me that as soon as they lost their teeth, their old dentist really stopped taking care of them. They may have made a set of dentures for them, but after a series of frustrating "adjustments" the postcards stopped coming in the mail to remind them of their needed examination and denture maintenance, and they never heard from the dental office again.

I'd like to give you an example of real situations to see what I mean:

CASE 1 – Helen was a very nice woman, who realized that she was going to need to get the rest of her teeth extracted. When talking to her dentist, he told her that her ONLY option was to get full mouth dentures

Helen had just turned 50, and was the picture of health except for her diseased teeth. She was very positive and optimistic about life, and was willing to do whatever it took to get the best treatment for herself.

Helen asked her dentist the big question. "What about dental implants? A couple of my friends have them, and they seem to really like them." The dentist took a deep breath; acting frustrated by such a question, and replied. "You don't qualify for such a procedure, Helen." (Sometimes they say "you can't have implants because you don't have enough bone" or "you are too old to have implants")



Trusting her dentist, she went ahead and had the dentures made.

Helen absolutely couldn't stand her dentures. She found that every time she went out to eat she noticed that there were certain foods that she couldn't eat, such as apples, and certain vegetables. Not only this but food got under the dentures and she felt she needed to run to the bathroom and rinse it out.

Every time she went to laugh, she felt she had to put her hand over her mouth. All because of the fear that they would fly out on her, or move around.

She was so sick of using gobs of denture adhesive, gagging uncontrollably, not being able to taste what she was eating, and having sore spots in her mouth!

Even the food that she did eat didn't taste as good, because the dentures covered the roof of her mouth and took away taste sensations.

How it All Changed!

So, 5 years went by, and Helen was reading in a local newspaper how there were new procedures that could assist people with dentures. She went ahead and came in for a free initial consultation, only to find out that **she has always been qualified to have dental implants!**

That the dentist she was working with didn't give her the correct advice, because he wasn't trained with dental implants, and would have had to send her to another dentist. Something some dentists do not like to do.

In other words, Helen just spent the last 5 years, plus all the money on her dentures, only to deal with all the problems, frustrations, worries, fears, and embarrassing thoughts that come with dentures, because of bad advice and the fact that she didn't aggressively seek a dentist trained to offer dental implants.

Fortunately, Helen did eventually get help. There are many others who never find out their options, or when they do find out it is too late.

CASE 2 - For example, Helen had a friend Rita. Rita had gone to Helen's former dentist, and had the same procedures as Helen.

When Rita came in for a free implant consultation, she was very excited and happy, because she thought that dental implants and having stronger, more reliable teeth was going to be her "saviour"!

But the problem was that Rita had *too much bone loss*, due to the dentures she had been wearing, and she was no longer capable of getting dental implants. However, if she had only come in 1 year earlier, we may have been able to give her the teeth that would create the feeling of confidence, of being more attractive than she has felt in 10 years of wearing dentures.



While we were still able to give her some help with her gums and help her with the fitting of her current dentures, it was nowhere near the level of comfort she would have felt if she came in 1 year earlier.

Believe me; this kind of story can break your heart. It's apparent she will always regret accepting a treatment plan without educating herself about **all** her options. (The thought of a beautiful, confident woman like her making an unwanted decision is very sad.)

WHY DID THIS HAPPEN?

With Helen and Rita's situation, the treatment decisions they made were based on factors other than **what was best for them and their health.** We don't know for certain why they were not offered the option of dental implants.

Their former dentist may have not been comfortable placing implants but didn't want to lose their business to another dentist. Their former dentist may have mistakenly *assumed* that Helen and Rita could not have afforded dental implants.

They both agree that if an accurate "diagnosis" were made and if they were given different "options to weigh" other than dentures, they could have made a high quality decision that would have saved them from such a pitiful state of affairs. A decision that would have allowed them the look, feel, and confidence they both wanted with their teeth!

Have you ever known anyone who has gone through a similar problem? Maybe you have a friend or family member in this situation? Can you see yourself in this situation either today or sometime in the future?

Please take note! YOU are responsible for being educated about your options when it comes to your dental health. YOU must take the steps necessary to assure yourself of a dental future that is far better than the one just reviewed!

Before making ANY important healthcare decision, seek out as much information as possible. A simple review at the library or on the internet will show that there are many options available for denture sufferers. Dental implants ARE the best solution for missing teeth. Then interview and seek out a dentist you feel comfortable with in trusting with your health.

My goal with this letter is to show you...

"How You Can Have a Stronger Bite with More Comfortable and Confident Teeth Quickly, Easily, Anxiety-Free, and Pain-Free! <u>Guaranteed!"</u>

Many former denture sufferers are now telling me how they are eating and truly enjoying the foods that they haven't been able to eat for a long time. They're actually tasting the foods they are eating, and don't have to mess with gobs of denture adhesive, and how their lives have changed, because of their new dental implants.

My staff and I help people just like you who are <u>currently wearing dentures to get a more</u> <u>comfortable, enjoyable and stronger bite</u> through this revolutionary advancements in dentistry. In this letter, my purpose is to educate you so that you know what your options are, and if you are a candidate for dental implants.

At the end of this letter, I have a special FREE GIFT I'd like to offer you, and I hope you take me up on it, but first if you are finding that your dentures are uncomfortable, annoying, limiting, and extremely frustrating, please read this entire letter to find out what some of my happy patients have to say, and to find out how you can get a **stronger**, **more confident**, **comfortable**, **and attractive smile with practically pain free dentistry!**

Congratulations!

I want to congratulate you on taking the steps to find out how you and others can have a stronger, better bite, while having a whiter, brighter, more attractive and confident smile!

I have created this booklet to educate people, like yourself, who want to improve their ability to eat the foods they like, and don't know what questions to ask, what procedures are available to them, and don't know that with the advancements in technology that you can turn ANY smile into a 5 Star Smile that is strong, comfortable, and confident in time.

By knowing about what options are available, you can be pretty clear about what you want before you even step foot into a dental office

Following are the 3 dangers that people with dentures face, and a lot of the common questions people have regarding dental implants, and then there are a few different ways listed how you can get it taken care of. There may be options that don't apply to you. Just skip over them, and go to the ones that do. By looking over these questions and answers, you'll be a lot more knowledgeable and confident when going into a dental office, asking questions, and scheduling an appointment.

3 Dangers of Tooth Loss and Poor Fitting Dentures That You Must Know About!

Danger #1: Bone Loss Makes You Look Older Quicker



Dental Implants assist you in looking and feeling younger, because they prevent bone loss. By preventing bone loss that would normally occur with the loss of teeth, your facial structures remain normal and intact. The chances of wrinkling and the look of old age before your time is less likely.

In other words, every day that you continue to wear your dentures (without implants), you are experiencing bone loss, which makes you look older than you have to. Bone is the best collagen or cosmetic filler treatment you can get because it is very stable!

Danger #2: Tooth Loss (Gum Disease) Increases Your Risk of Heart Disease and Oral Cancer

While tooth loss may seem like a small problem compared with other health and fitness issues, it is often the first sign of bigger health problems for many people and can put them at higher risk for heart disease and oral cancer.

One of the main reasons people get dentures is due to periodontal (gum) disease. One of the major causes of gum disease is tobacco use. Denture wearers (especially those who continue to smoke) can develop areas of oral cancer in their mouth, often times hidden under their dentures. Since denture wearers rarely have their mouths examined by a doctor or dentist, these deadly areas often are not caught until it is too late.

And then there is Heart Disease, which has recently been linked to gum disease. With poor fitting partial dentures you have a higher chance of gum disease. You must be aware of these concerns because they are serious and dentures cause more problems than just being uncomfortable and unattractive.

Danger #3: Dentures May Reduce Your Life Span

I know this statement sounds ridiculous, who would ever think that your teeth could have an affect on how long you live. But it's true!

Many people with poor fitting dentures or multiple missing teeth live shorter life spans of up to 10 years less due to poor eating habits and stomach problems. They tend to eat more processed foods, which contain more fats, sugars and salt, and thus they experience many other health problems related to malnutrition from poorer eating habits. People today now have an option to dentures, which are dental implants.

People who get dental implants can finally eat the healthy foods they have been missing such as apples, fresh vegetables, and corn on the cob, and even steak!

What are these "implants" you keep talking about?

A tooth has 2 parts – the "crown" that you chew with, and the "root" that is anchored into the bone and holds the tooth in place. If teeth did not have roots holding them into the bone, they would just float around like marbles in your mouth.

The problem with dentures is that they *don't have roots* to hold them into place. So when someone has a full denture, they basically have a big hunk of plastic that floats around in their mouth. There is nothing to "anchor" it into the jawbone.

In fact, dentures without implants really shouldn't be considered a *replacement* for teeth. They really should be considered an *alternative* for not having *any* teeth. They are better than going around "gummy", but they certainly aren't a replacement for your natural teeth!

One of my favorite patients, Jim, once told me that his dentures were like wearing a "toupee"! He *hated* his toupee… He had to glue it on, it looked fake, but he would never leave home without it!



The easiest way to describe a dental implant is that it is a metal screw that replaces the root of your tooth or teeth. It is anchored or fused to the bone so the tooth or teeth it supports cannot move!

As you might imagine, with dental implants several different choices now exist for patients without teeth. This makes my job as a dentist much more exciting, since I can now make dramatic improvements in the quality of life for my patients with dentures. As with all dental procedures, we would have to evaluate your specific needs to see which options would work best for you.

Quite frankly, not every option is right for everyone. Some options take more time in the dental chair than others, and some options are more expensive than others. Hopefully after reading this report you can get an idea for which type of treatment interests you the most.

Finally! An Affordable Implant Option!

Dental implants have been used for several decades to help patients "lock-in" their dentures. However until recently, the only treatments available cost nearly as much as a good new car. The fortunate few patients who had the treatment completed were thrilled with the results and gladly would pay it again if they had to, but it was simply out of the budget of many patients. Those who could not afford the treatment were stuck with their old dentures. There simply were no other alternatives.

Dentists have been searching for years for an affordable implant solution – a treatment which would end a patient's "denture misery" without putting a serious dent in their bank account.

A solution is available now where by fewer implants can be used to hold dentures firmly in place And the beauty of it is how simple the process is. If you already have a denture that fits well, we can simply place 2-4 implants that will hold your denture as firm as a rock. You will be able to "snap" your teeth in and out to clean them every evening, but otherwise they will not move!

Many people who are satisfied with the fit of their top teeth will only have implants placed in their lower jaw to keep their bottom teeth in place. So for \$10,000+ they are able to have a very durable and long-lasting solution to their denture problems.

Other Implant Options

As a dentist, it is my professional responsibility to inform my patients about all the treatment options available. I need to let you know of 2 *other* options available for patients considering implants.

1. A "bridge" with 12-14 teeth cemented in place with 5-8 implants

This option, allows us to re-build a patient's mouth as close as possible to its original form. There typically is no pink plastic that sits on the gums, and there is never any "bulkiness" that gets in the way of speaking or chewing. It literally is like having your natural teeth back (healthy ones of course!).

If my mother was missing her teeth, this is the treatment I would want to give to her

However, it involves surgery, and it takes several months for the treatment to be complete. This treatment is probably one of the most complex performed in dentistry, and the price is often out of the range of many patients. Every patient's treatment needs are different, and it is impossible to give someone a "quote" without first doing a very thorough exam, but it is not unusual for the total cost of this treatment to exceed \$40,000, per arch (we have an upper and a lower arch). No... I'm not kidding.

2. A bridge that replaces single or a few missing teeth with dental implants

The next type of treatment involves making a tooth or small bridge that replaces one or several teeth in the same area of the mouth. The teeth can be made in such a way that it is no different to the look and feel of your own teeth. It is like they are part of your body.

This is an excellent option for someone who wants a very long-lasting implant solution. Implants like this are the longest lasting procedure we can do in dentistry..

Why Do Implants Cost So Much?

You see, the way dental implants are used requires very precise surgery to place the implant, so that it will heal and maintain the bone and gum around itself so it looks normal. About 4-6 months later another surgery is made "uncover" the implant, and attach either the new crown, bridge or the denture attachments to the implant. By the time the treatment is completed, the patient has made many office visits and the dentist has used a "mountain" of supplies, equipment, and parts. For this reason, the cost of this treatment is usually around \$6000 for a single implant with the crown in place. The price can be reduced if more teeth are combined when they are replaced

No Cost Consultation

Here's the thing. I'm a busy person, and I know you are too! As much as I would like to sit down with every patient I see and have a long conversation with them about everything there is to know about dentures, I simply can't. Most of my patients really don't want to talk for a long time about dentistry either.

However, so much has changed over the past several years, that in order for you to make an educated decision about what to do with your teeth, I somehow have to find a way to let you know what is available. That is why I have prepared this report. Hopefully you will find that these 8 pages contain all the information you need to know about getting a new set of teeth which will help you chew better and look younger.

If anything you read here seems interesting, I encourage you to do your own research and find out more. There are several good internet sites which contain even more information for you than I can share here. Most importantly, though, please call our office to arrange for a **free consultation** to find out which option would best suit your specific needs. *I firmly believe that the more you know about your health and what options exist, the better healthcare decisions you can make.* **PHONE 02 93639823**

Frequently Asked Questions

I'm Interested – Would you please tell me more about your office?

We are a cosmetic dental office in Double Bay, NSW. Our office treats patients of all ages, and a large portion of our time is spent treating mature age people. So we know a lot about dentures and the problems associated with them and we have spent over 30 years doing dental implants.

However, what I realized a long time ago is that I LOVE doing dental implants because of the impact I can have on people's lives. I am now actively seeking older adults who needed dental care,. Although I do like kids, I get even more satisfaction out of helping patients look younger and chew better with a new set of teeth. That is why I have started to offer these reports. I have found that there are thousands of people in our area who are needlessly putting up with teeth that were made several years ago which simply don't fit right and are making their lives miserable.

I think I could use your help... What do I do now?

Simply call our office at (02) 93639823. You will be greeted by either Michael, Kylie or Kate on the phone. They will arrange a time for you to meet with us for a FREE consultation.

What will my free consultation be like?

When you first arrive at our office, you will be asked to fill out a short questionnaire about your mouth and about your current set of teeth. We will then escort you back to a treatment room where I will introduce myself and find out what you would like us to help you with. We will do a thorough evaluation of your mouth, a screening to check for oral cancer, and look at your current denture or teeth. We will then discuss what treatment options you might be a candidate for. There is absolutely no obligation. If you like what you see, we can schedule a visit to start your treatment.

Where is your office?

We are located on Manning Rd, Double Bay. Just off New South Head Rd. We are in a building on the



Are there any surprises I should know about?

off New South Head Rd. We are in a building on the corner of Patterson St and Manning Rd. We are close to New South Head Rd. There is two hour parking on our street and a parking station in Kiora Lane behind Woolworths just behind us.

If you are coming from the city come down New South Head Road turn right into Manning Rd and left into Kiaora for the parking station or second left into Patterson St and find us on that corner.

I really can't think of any. You will find that your consultation and all future visits will be very relaxed. I'm a pretty easygoing person and I want my patients to be very comfortable with all aspects of their care. Never be afraid to ask questions of myself or any member of our team.

Financials

Do you offer payment plans?

Yes! We have several options available for patients who would like to spread out their payments over time. Our most popular plan is a no deposit 12 month interest-free payment plan available to those who qualify. Payments can often be spread out over 48 months for those who do not mind a higher interest rate.

Do you offer a courtesy for paying the entire fee in advance?

Yes! We will deduct 10% off the treatment fee if you pay by cash or by cheque in advance so that the cheque clears. We also take all major credit cards, but cannot offer the pre-payment discount with credit cards.

Will my insurance cover implants?

Sometimes dental insurance will cover a portion of the treatment. Once I have completed your comprehensive treatment plan, you will have a printout of the entire treatment which you can take to your health fund to discuss how much they will cover.

A Final Word from Dr. Short...

Thank You very much for taking the time to read this report. I hope you have found this to be helpful. If you have any questions or comments – or if you would like to schedule your consultation which is normally priced at \$100.00 **but for our "new patient drive" is FREE**, please call Michael, Kylie or Kate right now at (02) 93639823 to set up your appointment.

Yours in Health,

DR Sandra Short BDS (SYD UNI)

P.S. Time is running out. THE FREE DENTURE EXAMINATION OFFER IS FOR A LIMITED TIME ONLY. (02) 93639823

P.P.S. The only way you can get new teeth is by making a visit to look at what options are available. Please call today while this is fresh on your mind, and be amazed at how quickly we can have you loving your new smile!